

Vine Trust

Building Expeditions: Information Booklet for Groups & Individuals



CONTENT

Vine Trust Building Expeditions

1

Volunteer Journey

2

Finance & Fundraising

3

Vine Trust Support

4

Expedition Impact

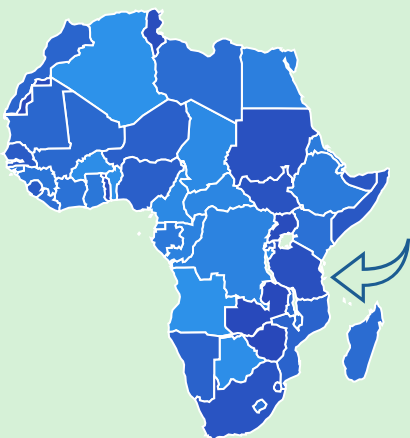
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Building Expeditions

Vine Trust is an international development and volunteering charity which enables volunteers to empower communities living in severe poverty.

In collaboration with local partners, building expedition volunteers construct homes for vulnerable children and families, providing much needed shelter, security and hope.



Our building expeditions take place in Moshi, a town in the Kilimanjaro region of Tanzania.

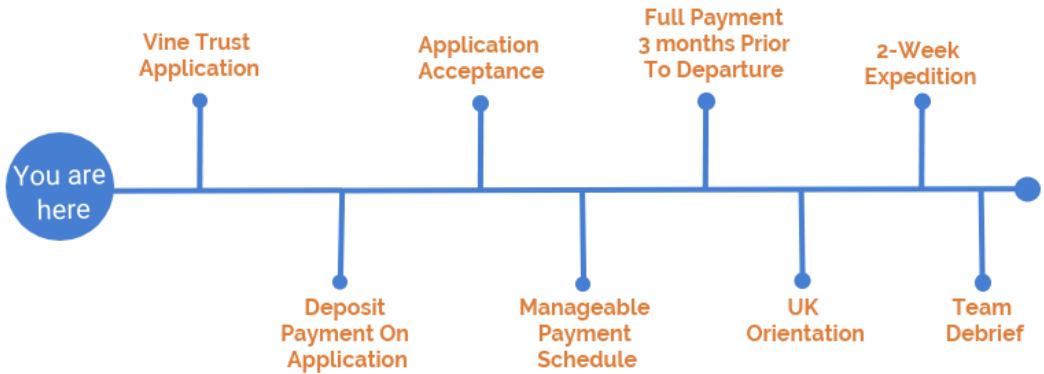
Groups:

- Such as teams from organisations, businesses, churches & community groups
- Dates discussed between Vine Trust & Group
- 2 week expedition
- Volunteers aged 18-70
- No building experience required

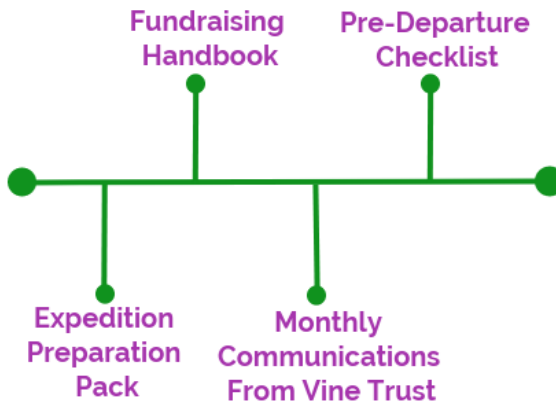
Individuals:

- Individuals applying to be part of a bigger team of other individual volunteers
- Dates set by Vine Trust & advertised on our website
- 2 week expedition
- Volunteers aged 18-70
- No building experience required

Volunteer Journey



Vine Trust offers a range of resources to support you on your Volunteer Journey:



Finance & Fundraising

Included in Vine Trust expedition cost:



In-country costs
e.g. food, transport,
accommodation



Construction Contribution



UK Administration



Insurance

Not included in Vine Trust expedition cost:



International Flights



\$50 visa fee



Vaccinations & Anti
Malaria Tablets



Optional Safari



Non-Refundable £300 Deposit at Application Stage
Payment Schedule to keep you on track
Full Payment 3 months before departure

We recognise fundraising as a crucial element of the volunteer experience.
We appreciate the value in the skills that can be learned and fun that can be had.

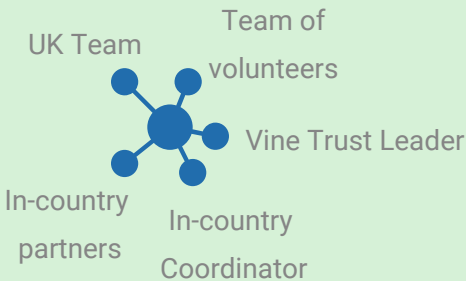
Planning & Organisation | Record Keeping | Presentation Skills | Confidence |
Interpersonal Skills | Responsibility | Creativity

Vine Trust Support

Pre-Trip Support:

- Monthly email communication
- Fundraising pack & support
- UK & in-country Orientation
- Vine Trust UK team in office
- Preparation Pack & Final Checklist

In-country Support:



Post-Trip Support:

- Debriefing Session
- Alumni network & events
- Further engagement with Vine Trust



Vine Trust is:

- ☒ BS8848 Compliant in Risk Assessment, Emergency Procedure & Response Plans
- ☒ ATOL Protected

Our Expedition Leaders are:

- ☒ First Aid trained
- ☒ Experienced in Vine Trust expeditions
- ☒ Knowledgeable about local clinics

Expedition Impact

Vine Trust expeditions offer volunteers a learning opportunity for both personal development and team building, through international travel, contributing to sustainable development and living with a team of people on their two-week expedition.



"It is a very humbling experience working beside these lovely people. They are so much more appreciative of the little they have that us." **Fiona, Tanzania 2018**

"Interacting with the children on site and at the orphanages was great fun and rewarding. This just reinforced the point that children everywhere are the same; it's just the lack of opportunities that holds them back."

Nigel, Tanzania 2017



"In spite of the basic conditions that many people were living in, they always found the time to smile and find out why we were there. It was extremely humbling to see. Ultimately I believe this trip, mainly through the people we met, has taught me the art of being able to find happiness in the most unlikely places." **Sarah, Tanzania 2017**





Connecting People To Change Lives

VineTrust

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Patron: **HRH The Princess Royal**