Dear Friend of Vine Trust,

Welcome to the 32nd edition of Connections which I trust will be an encouragement to you as we share various snapshots of the last six months and plans for the rest of 2018.

Needless to say “Challenge and Opportunity” remain firmly at the heart of Vine Trust’s journey and the journey of all who have volunteered or supported the Trust since its first ever public appeal in 2001, when we first sent a ship to the Peruvian Amazon to support work amongst Street Children.

Innumerable challenges and opportunities later, I am delighted to report that over 1.5 million patients have been seen by our medical ships in Peru and more recently on Lake Victoria Tanzania. In fact, this year alone we anticipate our three ships undertaking 33 expeditions and treating over 200,000 patients. Each in turn connecting with people and changing lives.

Through our partners in Tanzania we expect to see the 10th large orphanage that we have funded since 2003 up and running at Njia Panda after a number of technical challenges related to water and electricity.

Individual 3 room family homes for children orphaned due to Malaria or HIV in the Moshi area of Tanzania now tops 100 and a major expansion of Kimashuku Children’s home beneath Mount Kilimanjaro is being explored with our core partner ELCT Northern Diocese.

We are also now working on the detail of a 30-acre development in the Lake Zone of Tanzania near Mwanza which will lead to a new children’s home, vocational training centre, farm, health post and possible school over the next few years.

As I write two of our staff are on Lake Victoria with another UK development charity looking at how safe water can be introduced into the Jubilee Hope Programme, which we hope to develop to cover health, construction, safe water and micro enterprise / agriculture in order to support the island communities of Lake Victoria address the chronic issues of under development in their isolated communities. We are also aiming to expand our HIV support services through support groups for women, children and the wider community.

Quite literally opportunity abounds and as a Trust we have always sought to respond where we can and in a sustainable way. First and foremost, we are a volunteering charity that now sends in the region of 400 volunteers per year to Tanzania and Peru. We do not have a fund raising department, rather our community of supporters and volunteers raise the funds to volunteer or to support our work in a sustainable way.

2017 was our best year for income and one of our best for volunteering.

Our challenge at this time however is to lock down some of the core recurring costs in our overseas work in order to continue grasping and responding to the challenges and opportunities that lie before us.

In 2001 I invited 2000 people to pledge £2 per week to support our evolving medical work on the Amazon. Since then through our volunteering programmes and wider donations, we have received over £20 million for the volunteering work of Vine Trust and support of our medical and construction programmes.

On the reverse of this letter there is the opportunity to join the hundreds of people who signed up then which will help us continue to address the huge opportunities and challenges that lie ahead. As a Trust our sense is that there is much still to do and I would like to invite you to continue your partnership with us financially or climb on board through a regular monthly donation to help us grasp the opportunity of doubling all our programmes in the next five years.

Over 2000 people receive connections by post and many thousands more by email. Your consideration of this letter and any help you can give is hugely appreciated.

With great anticipation for the challenge and opportunities that lie ahead and thanks for journeying with us!

Kind regards,

[Signature]

Rev Willie McPherson
Chief Executive

Patron: HRH The Princess Royal
The Vine Trust is a Charity Registered in Scotland: Charity Number SC017386.
And a Company Limited by Guarantee: Company Number SC266073.
Registered Office: Vine Trust Barge, Prince of Wales Dock, Edinburgh, EH6 7DX.
Standing Order Form
If you would like to support Vine Trust by giving regularly, please complete this form.

Your Details

Title: First name(s):  
Surname:  
Address:  
Postcode:  
Telephone No:  
Email:  

I would like my Standing Order to support (please tick one):

☐ General Operations  
☐ Peru Medical Programme  
☐ Tanzania Home-Building  
☐ Tanzania Medical Programme

Standing Order

Bank:  
Bank Address:  
Sort Code:  Account No.:  
Please pay Vine Trust the sum of £_________ on the date of ____________
And (please circle) monthly / quarterly / annually thereafter until ____________

Boost your donation by 25p of Gift Aid for every £1 you donate!

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. In order to Gift Aid your donations you must tick the box(es) below:

☐ I want to Gift Aid all of my Standing Order donations and/or
☐ any donations I have made in the past 4 years

'I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.'

Signature: ____________________________  
Date: ________________________________

Thank you!
We couldn’t operate our programmes without you.

Please send this form to The Vine Trust Barge, Prince of Wales Dock, Edinburgh, EH6 7DX.
We will register the standing order in our records and then forward the form to your bank

Please notify the charity if you:
- want to cancel this declaration  - change your name or home address  - no longer pay sufficient tax on your income and/or capital gains
If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Patron: HRH THE PRINCESS ROYAL
Registered Office: The Vine Trust Barge, Prince of Wales Dock, Edinburgh, EH6 7DX
Greetings from the Vine Trust Team, and a very warm welcome to our Summer issue of Connections as we share with you the latest news and developments from our volunteering programmes.

2017 finished on a high for Vine Trust - our best year for income, one of our best for volunteering, Forth Hope safely on the Amazon River and the 100th home of the Vine Trust / TAWREF partnership soon to become a reality. 2018 has also started well with much excitement, challenges and opportunities for the months and years ahead. The start of the year also has brought some changes at Vine Trust, both within the staff team and to the office space on the Barge.

Since the start of 2018: Martin Holt, Erika de Brown and Eilidh Quinn have joined the staff team.

New Office on the Barge

We have converted the cinema on the Barge into another office: cinema seats and projection kit have all been removed, windows cut in the hull, new flooring laid, walls redecorated, new lighting installed and new desks etc put in place.

The new office is now occupied by our medical and home build expedition teams.
Forth Hope
Our first purpose-built medical vessel

Go Forth and Prosper

The arrival of the MV Forth Hope into Iquitos on the 7th of September 2017 signalled a new phase in the development of the Amazon Hope Medical Programme. The purpose-built vessel had set sail from Rosyth and travelled on a 42-day, 6786-mile journey to the Peruvian Amazon to be placed into service alongside the MV Amazon Hope 2, which itself had already helped deliver 1.4 million medical consultations since the medical programme began in 2002.

Just 8 days after arriving in the country, Forth Hope set sail for its first medical expedition, arriving in the village of Oran on the Amazon River where it began to treat patients and also welcomed Vine Trust Patron, HRH The Princess Royal accompanied by national and regional dignitaries as part of the ship’s official launch in Peru.
With multiple consultation rooms, twin dental surgery, laboratory and pharmacy area as well as space for 26 medical personnel and crew, Forth Hope more than doubles the previous service provision capacity of the Programme. Upon seeing its first patient in September, the vessel has gone on to provide a further 66,500 consultations with an estimated 90,000 more by the end of 2018.

The extra capacity for work also increases the number of opportunities for medical professionals from overseas to join the expeditions, with a projected 120 medical volunteers working aboard the ships in 2018 from a variety of countries including Scotland, England, Northern Ireland, Wales, Australia, Norway, Malaysia and Hong Kong.

The incorporation of Forth Hope has been accompanied by an increased commitment by the Peruvian Ministry of Health, with an agreement signed between the Programme and the Government which will see improved coordination and greater resource contribution from the national authorities. This development is key for the Programme as its activities become established within the national health service of Peru and in terms of long-term sustainability.

“Visiting Forth Hope in operation as a medical ship on the Puinahua River reminded me of how privileged I am to play my part in the Amazon Hope Medical Programme and has motivated me to continue to aid in the growth and success of its noble quest”

Emily Adams, Support & Development, Vine Trust
Vine Trust Celebrates 100 Homes!

Vine Trust volunteers laid their first brick in Moshi, Kilimanjaro, in 2011 at the site that would become the first large children’s home in partnership with the Evangelical Lutheran Church of Tanzania. As construction began on the Kimashuku Children’s Home, our volunteers were building not only the foundations of a home but also a strong and sustainable relationship which would see a further two children’s homes built in the Moshi area by 2016.

Also in 2011, Vine Trust established a connection with Dafrosa (3rd from Left) Itemba, a champion within the community-driven third sector in Moshi. Dafrosa set up the Tanzanian Women’s Research Foundation (TAWREF), a grass roots organisation using research and community driven interventions to transform the lives of marginalized populations particularly children, youth and women, which would become Vine Trust’s in-country partner in the construction of individual family homes. As the partnership was born in 2012, the goal to construct 100 individual homes by the end of the year 2018 was set.

Home-Building Expedition Dates

25th July 2018              6th October 2018
Spring 2019              Summer 2019                Autumn 2019
What started as an anthill in 2012 has now become a big mountain, the Kilimanjaro! The vision was to have the 100th house by the end of 2018. However, the hard working Vine Trust volunteering teams said “NO” and amazingly cut it short! This was through extra and strategic fundraising efforts.......TAWREF would like to thank Vine Trust and all volunteers.

Dafrosa Itemba (April, 2018)

By the end of 2017, over 1000 volunteers had travelled with Vine Trust to support our work with our in-country partners. In March of 2018, a general home building team and a group from Inverness Royal Academy travelled to Moshi to support the building of 4 homes, bringing the total number of completed homes with TAWREF to an incredible 100 - 8 months ahead of schedule.

“Thank you to all our volunteers, friends and supporters for helping Vine Trust and TAWREF reach our target and continue providing support to some of the most vulnerable communities in the world” - Louise Campbell, Vine Trust

A team of colleagues from Highland Spring Ltd, based in Perthshire, launched a fundraising campaign to fund their participation in a Vine Trust home-building expedition in October 2018. The group, including Chief Executive - Les Montgomery, have challenged themselves to fundraise the full expedition costs together, totalling over £75,000. The team decided to fundraise as one group to support each other from beginning to end of the expedition and create a great experience together as a team.

To kick-start their fundraising, the team cycled the distance from Scotland to Tanzania, around 5,000 miles, on static bikes at their Ochils site in Blackford.

If you would like to find out more about how a Vine Trust Expedition could support your company’s CSR ambitions while developing your team building & leadership skills within your organisation, please don’t hesitate to contact us at louise@vinetrust.org
Walking long distances in the baking sun for single buckets of water always makes me appreciate running water in Scotland. The broader range of luxuries which we so often take for granted is represented by this and many items in my day to day life now mean that little bit more to me.

“This faces my bed so I see it every morning when I wake up and it reminds me of all the memories I gained from this trip. When I look at it I am reminded of the hard work, new friendships, new challenges and that everything could always be worse. This helps me to start each day with a positive mind.”

“Since my experience in Tanzania, I have come to appreciate my education a whole lot more. The aspirations of the children I met taught me not to take my situation for granted and appreciate how lucky I am in having resources to help me achieve my career goals.”
Babcock International Group’s Volunteering Partnership

The pilot team to participate in the Babcock—Vine Trust Volunteering Partnership set off to Tanzania in October of 2017 to support the construction of 3 individual family homes in the Moshi area.

With a personal target of £1000 for each volunteer, the team got to fast work with bake sales, casino nights, DIY services, pub quizzes and more. Across the team, over £10,000 additional fundraising was raised, an incredible achievement which will allow Vine Trust to carry out even more work in vulnerable communities. Babcock are now preparing for their next team to travel with Vine Trust to develop their team work and leadership skills, they will also bring their experience back in to the core of their business and wider community.

Exposure to daily life in relatively remote, rural areas was thought-provoking and I felt quite humble at times. Meeting local families and experiencing their joy and happiness and their capacity to smile when they have so little and their community spirit and compassion for one another is very much an overriding highlight for me.

Anne Laver, Babcock Team Volunteer, November 2017
School Expeditions

2018 is set to be another busy year for School Expeditions in Tanzania and Peru, with some exciting milestones to celebrate.

Our first school team, a group from Inverness Royal Academy, travelled to Moshi, Tanzania, over the Easter holidays. Alongside the first Home-Building Expedition of 2018, who arrived at Moshi on Easter Sunday, the bricks were laid of the 100th individual home! It has been the goal of Vine Trust and our in-country partners TAWREF (Tanzanian Women’s Research Foundation) since 2012 to complete the construction of 100 homes by the end of 2018; we are overjoyed that this target has been broken by the beginning of 2018, allowing us to increase our target to 120!

The challenge to construct an additional 20 houses will be first taken by our school groups travelling over the summer holidays. Teams from Galashiels Academy, Banff Academy, Kincorth Academy, Hamilton College and Milburn Academy will visit Moshi over June & July. The volunteers will support local builders in the construction of family homes for vulnerable children and their families who have been torn apart by HIV and AIDS.

A team from Whitburn Academy will travel to Arequipa, Peru, in early June to continue maintaining and developing New Hope Children’s Home, a project which was first visited by Vine Trust volunteers in 2017. While volunteering at the children’s home, the young people will have the opportunity to live alongside the children of New Hope, gaining insight into their day-to-day routine and forming strong bonds with the children. The team will also visit the UNESCO World Heritage Site of Machu Picchu.

If you would like to find out more about how your school can get involved in these impactful expeditions, contact Louise, Programme Manager for Education Expeditions, at louise@vinetrust.org.
THE IMPACT OF AN EXPEDITION: A PARENT’S PERSPECTIVE

It is Vine Trust’s belief, as enshrined in our tagline “Connecting People To Change Lives”, that not only are the lives of those we support in Tanzania and Peru changed for the better, but also those of our volunteers. However, it can be easy to be blind to how far-reaching that impact can be.

Paula’s daughter Iona travelled to Tanzania in 2017 with Earlston High School. She saw a great change in Iona on her return:

"Tanzania, June 2017. What an opportunity! This was going to be a life changing experience - life changing for the people of Tanzania and life changing for young folk who were eagerly fundraising to go out there.

"It will be impactful" they said. Admittedly, I hoped it would be for my 18 year old daughter. She has been fortunate to have had a pretty privileged upbringing, seldom wanting for anything - spoilt, and yes, our fault! The photos that came home via social media told a hundred stories - from the squalor of Tanzanians living conditions to the significant lack of materialistic things.

Having met Iona at Edinburgh Airport upon her return home, it was obvious by some of the small details that she seemed to dwell on, that Tanzania had really had an effect on her, particularly the living conditions and the lack of food variety. She admitted how spoilt she had been, she couldn’t believe how significant a tub of blowing bubbles were for the children, she couldn’t believe how strong the family bond was out there. And food? Well, she said she could not bare to waste food now, and indeed still speaks about that often, even some 10 months on. All the stories won’t come out straight away - they will come out in dribs and drabs, there will be a trigger and then you'll get another story about the trip.

That's how impactful it is. I saw a wee change in our daughter - undoubtedly one for the best. Will she go back? Absolutely no hesitation in the "yes" that was the reply."

If you would like to find out more about how your local school can get involved, please contact louise@vinetrust.org.
The first medical trip of 2018 saw the Amazon Hope Medical Programme deliver healthcare to villages along the sections of the Ucayali river for the very first time. Over the 20-day journey, the medical team provided just under 14,000 consultations, such was the demand for services from these communities, which are among the most remote ever reached by the Programme.

Collaboration and community engagement are fundamental principals in the work that Vine Trust is doing on these expeditions. The visits to communities provide opportunities, not only to deliver vital medical care, but also to strengthen the capacity of the local communities to respond to the health needs of the residents. This aim is achieved through training and orientation of the personnel who work in the health posts which are found in some of the communities and plans are in place to expand this work further. As such, it was particularly encouraging during the January trip to see that the personnel of Ucayali health post facilities were keen to support with important tasks such as patient registration and triage.
The first quarter of 2018 also saw refurbishment work being done on the MV Amazon Hope 2 in preparation for it re-entering service at the end of March. The activities included taking the ship into dry dock for inspection, maintenance and repainting of the hull as well as work on the propeller and cutless bearing. Further repainting was done of the decks and bulkheads and refurbishment work completed in the cabins, galley and medical consultation areas. All this hard work has paid off and on the 29th of March, both Forth Hope and Amazon Hope 2 were working simultaneously on the Ucayali and Puinahua rivers respectively.
Jubilee Hope
Tanzania

A Little Hope Brings Big Celebrations

“They picked me up and danced me around the room”, reported volunteer doctor, Jenny Langdon after her expedition with the Jubilee Hope Medical Programme. The reason for the dancing? It was more women joining the HIV support group on the island. More women openly declaring their HIV status despite the stigma, discrimination and threat of physical violence. More women receiving education, treatment and access to micro-loans to allow them to support their families.

With an estimated 20-30% of the population on the islands infected, the effects on families and communities have been devastating and the size of the task that lies ahead is huge. Nonetheless, the Jubilee Hope team, supported by overseas volunteers, works tirelessly to deliver care, education and support to the people on the islands, encouraged as they see lives being transformed.

By the end of 2017 there were 339 women participating in these HIV support groups, which are a fundamental part of the wider activities that the Jubilee Hope Programme has established on the islands to help address the challenge of HIV. As well as providing testing and counselling to patients, the ship is now equipped with a CD4 machine which helps to indicate the stage of HIV infection. Local personnel have also been trained in HIV services and strong links with the Baylor International Paediatric AIDS Initiative in Mwanza means the programme has a strong foundation to build its work upon.
“It was wonderful to see these strong women taking charge of their lives and being someone with independence and power, despite having this dreaded disease.”

- Dr Jenny Langdon

Jubilee Hope Expedition Dates

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Double Red Letter Day

There have been many highlights and achievements experienced by Vine Trust over the years and Tuesday April 10th 2018, is another date for the history books. On this exciting day, we saw:

- the visit of the District Commissioner of Moshi, Hon. Kippi Warioba, to the site of the 100th individual home to be constructed, where he symbolically laid one of the first bricks.

- the first day all 3 medical ships, on the Amazon in Peru and on Lake Victoria Tanzania had been operational simultaneously.

Alongside our in-country partners TAWREF (Tanzania Women's Research Foundation), a target was set in 2010 to build 100 individual homes for orphaned children in vulnerable communities by the end of 2018. Due to the immense support of our volunteers, friends and supporters that target has been reached (some 8 months ahead of schedule).

April 10th was the first day that Jubilee Hope, on Lake Victoria in Tanzania, and both Amazon Hope 2 and Forth Hope on the Peruvian Amazon, have all been on the water, simultaneously carrying out medical consultations. This month alone, the three ships will be able to deliver health care to around 20,000 people.

“We never imagined that the 100th home would coincide with the first time all three ships were operational .....if you have been part of it - Thank You”

Willie McPherson, Chief Executive
GDPR & Vine Trust

GDPR (General Data Protection Regulation) is the most comprehensive change to data protection regulation in the last 20 years. The new regulation comes into force on 25th May and lays out rules relating to both the processing and protection of personal data. Like all organisations, Vine Trust has been reviewing our internal processes and procedures on how we manage and use personal data.

What personal information do we hold and how do we use it?

For our supporters and volunteers, the data we hold falls into two categories:

(i) Financial Data (donations towards the work of Vine Trust or volunteer trip payments):

Personal data in the form of name, address, reason for donation or payment and, if appropriate, a gift aid declaration is held. All data relates to information provided by the donor when making a payment. For all financial donations and trip payments, Vine Trust only holds the information that is required to fulfil our financial statutory responsibilities. No bank or card details are held.

(ii) Volunteer Trip Information (for medical, construction or school trips):

All data held relating to a trip has been provided by the volunteer during the trip application process and is used to arrange and provide a first rate and safe expedition experience for all. Six months after the return of the trip, all data with the exception of name and contact information is deleted.

Please note under no circumstance will we share your personal information with any 3rd party.

The above information, allows us to continue (through Connections and emails) to keep you informed of the work of our medical programmes in both the Amazon and on Lake Victoria, our construction work in Tanzania (as seen in earlier pages of this version of connections). Plus it gives us the opportunity to keep you up to speed with future developments and opportunities open to the Trust as and when they happen.

Of course should you wish not to receive any communications from Vine Trust, we ask that you simply let us know and we will remove your details.

Send your name, address and if appropriate email address,

By Post to: Vine Trust Barge,
Prince of Wales Dock,
Leith, Edinburgh, EH6 7DX.

or By email to: admin@vinetrust.org

We do thank you all for your support and commitment in the past and we sincerely hope that you will continue to journey with us in the years ahead.
“Challenge and Opportunity” remain firmly at the heart of Vine Trust’s journey and the journey of all who have volunteered or supported the Trust since its first ever public appeal in 2001, when we first sent a ship to the Peruvian Amazon to support work amongst Street Children.

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Our challenge at this time however is to lock down some of the core recurring costs in our overseas work in order to continue grasping and responding to the challenges and opportunities that lie before us.

If you would like to help us continue to address the huge opportunities and challenges that lie ahead, please consider making a financial donation (see opposite page). Your support can help overcome the challenges and make the opportunities a reality.

Willie McPherson
Chief Executive
Donation Form

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. The ‘Payer’ name, address and signature are needed to identify them as a current UK taxpayer (please fill in below).

‘I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.’

In order to Gift Aid your donation to Vine Trust SC017386 you must tick one or both of the below.

☐ I want Vine Trust to claim Gift Aid on this donation
☐ And any donations I make in the future and have made in the past 4 years

First Name: ___________________________ Surname: __________________________________________

Address: _____________________________________________________________________________

_____________________________________________________________________________________

Postcode: _______________ Email: __________________________________________________________

Signature: _______________________________ Date: _________________________________

Please notify the charity if you:

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Make your donation online at www.vinetrust.org/donate or post the form below to:

Vine Trust Barge, Prince of Wales Dock, Edinburgh, EH6 7DX

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