

Connecting People To Change Lives

Impact 2017



VineTrust



Patron: HRH The Princess Royal



BUCKINGHAM PALACE

As Patron of the Vine Trust, I was delighted to meet and talk with so many interested and committed supporters and volunteers of the Trust's medical and construction activities on several occasions during 2017 and hear first-hand of their endeavours and overseas expeditions.

I was particularly encouraged in May to visit and name our first new build medical ship MV Forth Hope at Babcock International's Rosyth Facility and meet representatives of the forty eight marine businesses that have made this new ship a reality. A quite remarkable achievement which builds on our heritage of delivering primary health care to isolated river and island communities. It was also a pleasure to visit the Kirk of Calder in West Lothian to receive an £85,000 cheque to begin a new initiative in Tanzania which will be supporting children orphaned by HIV Aids.

In September, whilst in Peru, I was pleased to visit the work of the Trust and meet representatives of the Peruvian Government and wider civil society in Lima, and on the Amazon I met the community of Oran in Loreto Region where I was able to see MV Forth Hope at work and meet our medical volunteers and local staff.

Looking ahead we very much hope to build on the successes of 2017 and I wish the Trust, its staff, volunteers and supporters every success in the year ahead and congratulate the Trust on its continued progress.

A handwritten signature in black ink, appearing to read 'Anne', with a long horizontal line extending from the end of the signature.

A Year of Connecting



Rev. Willie McPherson
Chief Executive

Welcome aboard!

Over the last year, it has been a real privilege to witness sustained and significant growth in the work of Vine Trust through our partnerships in Peru and Tanzania. All of this has been made possible thanks to the extraordinary kindness, support and commitment of our volunteers, supporters and ever growing community of friends.

Opportunity and challenges abound as we seek to build on the foundations laid by over 3200 volunteers and innumerable, businesses, churches, voluntary organisations and foundations that have all played their part in getting us this far on our journey.

Working with the most marginalised and vulnerable communities will always be our priority with a particular focus on children, healthcare and education. An exciting amount of activity has happened in the last year and I trust this report will give a flavour of what we have achieved and where we are going.

Enjoy the read and thank you for your interest in our work!

390

VOLUNTEERS

We had a record number of volunteers throughout 2017 and as our capacity grows, we look forward to growing this number in the years ahead.

43

EMPLOYEES

In 2017 the Trust and its programmes directly employed 43 staff. Nine in the UK, fifteen in Peru and nineteen in Tanzania. We also created further jobs by contracting local people in-country.

17 - 70

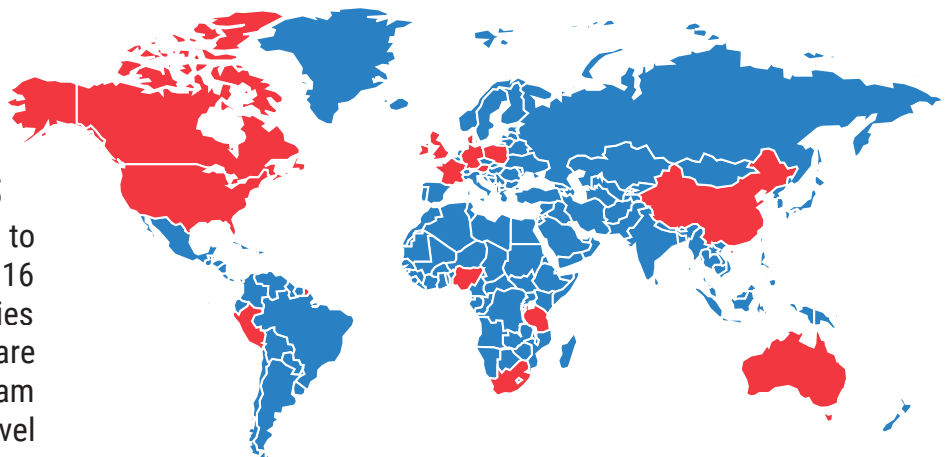
AGE RANGE

Age really is just a number when it comes to volunteering with Vine Trust as proved by the age range of our volunteers in 2017! So, what are you waiting for?

16

NATIONALITIES

We were delighted to connect people from 16 different nationalities throughout the year. All are welcome, and our UK team can help with your travel arrangements, no matter where you are in the world!



Another Epic Voyage

Originally intended to be a passenger ferry connecting Gosport and Portsmouth, MV Forth Hope underwent a miraculous transformation to become Vine Trust's first purpose built medical ship.

With help from many along the way MV Forth Hope arrived in her rightful place on the Amazon in September 2017 joining her sister ship Amazon Hope 2. With the capacity to facilitate a further 100,000 consultations per year, MV Forth Hope doubles the number of patients that the Amazon Hope programme can treat annually.



£1.8M
DONATED
GOODS/SERVICES



6,800
MILES SAILED



320
TONNES



40
DAYS AT SEA



11
CREW MEMBERS



6
TIME ZONES

Ship's Log

26th August, 2017 - Somewhere up the Amazon!

"What a difference a day makes, well actually two days, and the change from Atlantic Ocean to river Amazon. No swell, no wind, and barely any rolling around when trying to get to sleep!

We're now some 200 miles from the start of the river heading towards Manaus having cleared customs at Macapa and got our passports stamped. We now have two Brazilian pilots aboard, the first of eight who will be guiding us all the way to the Peruvian border.

Hot, hot, hot is by far the best description as everyone, including our pilots, perspires our way up the river. It's 1am and 27C with very high humidity. Just 12 days to Iquitos, I hope."

Volunteers

We are particularly grateful to all who volunteered to deliver MV Forth Hope and for the leadership given by Captain Peter Hall and retired Peruvian Rear Admiral Juan Carlos Del Alamo, who captained MV Forth Hope from Rosyth to Iquitos. We also thank the Peruvian Navy for seconding Lieutenant Giuliana Herrera Moran to assist with crewing.

Our volunteers, including our Chief Executive, faced tiring watch shifts, force 8 gales, sweltering Amazonian conditions and much more. We thank them all for being such a vital part of MV Forth Hope's story.



International Authorities

Sailing a 320 tonne medical ship from Scotland to Peru does not come without some logistical challenges. However, whether berthing to refuel in Tenerife or being piloted along the Brazilian Amazon to enter Peru, we were fortunate to have support from a number of international authorities. We are particularly grateful to the Office of the Peruvian President, the Peruvian Navy and Air Force and the British Embassy in Lima for their support of the voyage and our Patron's visit to Peru in September.



Corporates

It is safe to say that without the huge amount of support received from the 48 marine businesses, MV Forth Hope may not have become a reality. After undergoing major structural upgrades at Abels Dockyard in Bristol to ensure she could safely cross the Atlantic, she was delivered to Babcock International's Rosyth facility where she was dwarfed by her new neighbour, HMS Queen Elizabeth.

We are indebted to Babcock International for coordinating and undertaking the outfitting of MV Forth Hope with the many donated goods and services given to turn her in to a first class floating medical centre.



Our Patron

Once again we received outstanding support from our Patron, HRH The Princess Royal who attended four landmark events in support of Vine Trust in the UK and Peru throughout 2017. Having named the vessel at Babcock International's facility in Rosyth, Scotland, HRH The Princess Royal then commissioned MV Forth Hope at a ceremony in the village of Oran in the Loreto region of Peru. Accompanied by national and regional dignitaries, our Patron was warmly welcomed by the local community.



A Year on the Amazon

Since 2001, Vine Trust's Amazon Hope Programme has worked closely with the Peruvian Ministry of Health to provide a regular healthcare service to over 160 remote communities on the tributaries of the Peruvian Amazon. In July 2014, we treated our 1 millionth patient in Peru, free of charge.

By the end of 2017, the programme had treated a further 447,996 with an estimated 200,000 consultations predicted for 2018.



101,823

CONSULTATIONS



15,286

DENTAL
CONSULTATIONS



10,959

LABORATORY
TESTS



4,953

ANTENATAL
CONSULTATIONS



2,752

VACCINE & GROWTH
CONSULTATIONS



99

VOLUNTEERS



"It's a unique experience every time, and is quite addictive... You see tropical diseases that you've only read about in books."

Dr Jenny Langdon has volunteered on board the Vine Trust medical vessels numerous times and will return to Peru in 2018. Having spoken about her experience on board Jubilee Hope on BBC Berkshire radio's 'The Globetrotting GP', Jenny has also been nominated for a National Trust Inspirational Woman Award for her belief and work in empowering women all over the world, including on the Amazon and in Tanzania.

Ministry of Health

In March, a support agreement was signed between the Peruvian Ministry of Health (MOH) and Vine Trust. This agreement was key in the deployment of MV Forth Hope which doubles the capacity of the programme. By May, the agreement was in action and supports the programme in a number of ways.

Fuel - In 2017, Amazon Hope 2 consumed an average of 1,400 gallons of fuel per expedition. Forth Hope, being a larger vessel consumed an average of 2,100 gallons. Contributing to fuel is a considerable support in mobilising the ships.

Medical supplies - In each of our medical ships there is a dispensary and facilities to carry out primary and emergency medical procedures. By contributing to pharmaceutical and surgical supplies and equipment, the MOH are helping increase the programme's capacity to be able to better treat those we serve.

Health workers - In 2017, the MOH provided a team of 6 health workers to the programme. With the arrival of MV Forth Hope, the MOH have agreed to provide another team of 6 health workers, doubling their contribution of staff to the programme.

Food - Each medical vessel employs 7 in-country staff in addition to the MOH team and the volunteers on board. Collectively, these people oversee the day to day running of the ships, expeditions and medical work. Contributing to food supports in a basic but very important way!

The next phase of the agreement with MOH, will be established throughout 2018. It involves integrating native community health workers in 'health posts' in strategic locations which the Amazon Hope programme serves. The aim of this is to build the capacity of the local populations and empower communities to be able to respond to health needs when the ships are scheduled to service other communities.

"Volunteering with Vine Trust has had a tremendous impact on me as a professional"

Geoffrey Flores, Volunteer

Mama River

The Mama River project in collaboration with Cayetano Heredia University, Ministry of Health Loreto Region and the Municipality of Parinari, continues to build on its success having been awarded co-recipients of a national prize in Peru in 2016. The isolation of the communities the programme serves means there is little or no access to modern medical care throughout pregnancy, delivery or follow up. Unfortunately, this means that, for these regions, the under-five and maternal mortality rates are much higher than the national average.

Traditional midwives and health care champions within these communities are given a Mama River Kit. Comprising of a smart phone, solar panel, clean delivery kit and pregnancy tests, pregnancies, deliveries and antenatal care can be better recorded and monitored for the improved survival and well being of mother and child.

Electronic Medical Records

Another challenge of the remote nature of these communities is recording patient medical histories. Here in the UK, a wealth of medical information is recorded from the moment we are born, enabling health professionals to build up a picture of our health in order to better treat us.

Following collaboration and development with the University of Texas Medical Branch, the Electronic Medical Records project is nearing completion in preparation to be implemented aboard the medical ships in 2018. The project is the first of its kind in the region and will enable better monitoring, diagnosis and treatment of individuals living within the remote communities.

Refurbishment

The arrival of MV Forth Hope, meant that Amazon Hope 2 could be temporarily taken out of service, inspected and refurbished. Whilst in dry dock, steel works were upgraded and the hull sandblasted and painted. Meanwhile, on board, maintenance and upgrades to the electrics, galley, washrooms, cabins and communal areas ensured that Amazon Hope 2 was ship shape for the next 10 years!

A Year on Lake Victoria

In 2014, MV Jubilee Hope, a 155-tonne former Royal Navy Tender, refitted for purpose, made its epic journey from Greenock, Scotland to Lake Victoria, Tanzania where it was commissioned by HRH The Princess Royal.

Operating since 2015, MV Jubilee Hope has held over 140,000 consultations by its in-country medical team and Vine Trust volunteers with some of the estimated 450,000 'forgotten' people in the isolated island communities of Lake Victoria.



46,173

CONSULTATIONS



10,847

LABORATORY
TESTS



8,655

HIV TESTS



2,144

DENTAL
CONSULTATIONS



339

WOMEN IN HIV SUPPORT
GROUPS



51

VOLUNTEERS



"Being able to help and make a difference to the 'forgotten people' of Tanzania really has been the most rewarding thing I have ever done. A very unique and special experience I will cherish forever - it was a real eye opener"

In 2017 Sidi Agoro, student nurse at Glasgow University was the first Robertson Trust scholar, partaking in the Self Development Award Scheme, to volunteer on board Jubilee Hope. On returning to the UK, Sidi continued to support the programme by organising talks to share her experience with other students and fundraising an impressive £1,416 for the new HIV support group initiative!

HIV Support Groups

On the islands of Lake Victoria it is estimated that 20-30% of the population are living with HIV. For women with HIV, declaring their status exposes them to a high risk of violence and stigma. By not declaring their status, these women are unable to access life-changing treatment.

During 2017, motivated by the needs of these women, the Jubilee Hope Medical Programme took the decision to expand a pilot HIV Support Groups for women across islands in the Kagera Region of Lake Victoria. These groups allow women access to antiretroviral treatment, which not only considerably improves their own health but also significantly reduces the risk of the infection being passed on to their unborn or infant child.

As well as accessing medical and emotional support the groups also allow the women to access microenterprise initiatives, which gives them a seed fund and allows them to start income generating activities such as buying and selling fish, raising poultry or the planting of fruit and vegetables.

Of vital importance to this whole process is community engagement as a way of aiding ongoing sustainability whilst also challenging and transforming many of the cultural norms. This innovative and collaborative community-based approach allows women to be treated, educated, orientated and empowered to stand together in the fight against HIV, which has for too long devastated communities on the islands of Lake Victoria.

"One woman who asked for her toddler to be tested for HIV burst in to tears when she heard the test was negative. On enquiry she explained she had taken her antiretrovirals whilst pregnant"

Vine Trust Jubilee Hope Volunteer

Research

Due to the remoteness of the islands, much is still not known about the health needs of the 'forgotten people'. For this reason, during 2017, Vine Trust commissioned a household survey on the islands of Ikuza and Mazinga.

Carried out by Maseke Mgabo, Medical Sociologist for the Department of Population at the Institute of Rural Development & Planning, Dodoma, the survey seeks to provide a snapshot of the conditions and needs of the island communities. Due for completion in 2018, the Jubilee Hope programme will utilise the findings to better tailor and develop its services for the benefit of the communities it engages with.

Institutions

In January, we were excited to sign a new training agreement with Baylor University Paediatric AIDS Initiative. The training, funded by Baylor University in Houston, USA, meant that all relevant staff aboard Jubilee Hope would be able to meet the accepted level of knowledge and practice standards to be able to diagnose, monitor and treat HIV.

The Trust were very grateful to receive a donation in the UK of a CD4 machine. The machine tests for and indicates how advanced HIV might be, and by the time it arrived on board in August, training was complete. The capacity of the team to diagnose and treat HIV was greatly increased as a result.

The University continue to support the programme by donating technical support and supplies for the CD4 machine, ensuring Jubilee Hope's continued role in the challenge of HIV on Lake Victoria.

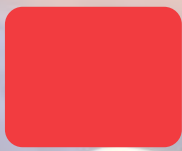
Other Charities

At the end of 2017 a collaboration with Bridge2Aid, a UK charity also a registered NGO in Tanzania, was established to develop the dental services on board Jubilee Hope. With an office in Mwanza, Bridge2Aid provides dental training, technical guidance, equipment and guidance of best practice for development of the programme. With 2,144 dental consultations during the year, we look forward to developing Jubilee Hope's dental capacity and future collaborations with Bridge2Aid.

A Year of Construction

In Tanzania, there are an estimated 1.1 million children aged 0-17 who have been orphaned by AIDS*. To date Vine Trust volunteers, in partnership with local organisations and communities, have built 3 large children's homes and 98 individual family homes in Tanzania providing shelter, security and hope for some of the world's most vulnerable children.

Construction teams come from a variety of different backgrounds including schools, corporates, churches, organisations, community groups and individuals. No experience of construction or working in a developing country is necessary. All that is needed is the desire to help make a difference!



32,000
BRICKS



18,000
ROOFING TIMBERS



1,600
LITRES OF PAINT



1,300
BAGS OF CEMENT



240
VOLUNTEERS



20
HOMES

"... we were living in a small mud house with our grandfather using one room for all of us. My academic reports were not good. Our room was small and dark, day and night. After we got this house I am feeling very happy. My room is big with a lot of light and air. Now I hold number 9 out of 34 students in my class. I am among the 10 best students! My fellow students don't tease me anymore as I have a good house."

Antony Ulomi

* Source: <http://aidsinfo.unaids.org/>

Schools

During the year we celebrated a record number of volunteers from schools, with 177 students and teachers travelling to Tanzania and Peru. Nine school groups travelled to Tanzania and supported the construction of 12 individual family homes for vulnerable beneficiaries.

Our 10th school travelled to Peru to engage with a new project, New Hope. Based in Arequipa, New Hope provides a home to street children from across the region, offering them a safe place to grow. The 32-strong team spent a week at New Hope, doing maintenance work, sprucing up the playground area, decorating the nursery and spending quality time with the children.

"Our Vine Trust expeditions have opened up a whole new world and set of opportunities for many of our pupils. It has influenced further studies and career choices, boosted the confidence of many of our pupils and made them believe they are capable of more than they thought possible"

Jenni Loudon, Teacher, Perth Grammar School

Trusts

Over the summer, the first group of volunteers sponsored by Robertson Trust travelled to Tanzania to engage in the construction programme. An independent trust with a vision to realise the potential of young people in Scotland, Robertson Trust currently supports almost 500 individuals through university and its accompanying Journey to Success programme. A team of 20 Robertson Trust scholars worked alongside TAWREF to construct homes for two families.

"Since my experience in Tanzania, I have come to appreciate my education a whole lot more. The aspirations of the children I met taught me not to take my situation for granted and appreciate how lucky I am in having resources to help me achieve my career goal"

Collette, Robertson Trust Scholar

Churches

During 2017, Vine Trust also celebrated the incredible fundraising efforts of the Kirk of Calder. Led by Reverend John Povey, over £85,000 was raised towards the construction of a children's home in Tanzania. Over the preceding 18 months, the congregation and wider community held events and received generous sponsorship from local businesses. Our patron, HRH The Princess Royal, visited the Kirk of Calder on behalf of Vine Trust to accept a cheque from Reverend Povey.



Photo Credit: Alex Todd

Corporates

In May, we announced our initial five year volunteering partnership with Babcock International. A pilot team travelled to Tanzania in late October, 2017 and supported the construction of three individual family homes. Teams of employees will continue supporting the Vine Trust construction programme, in turn taking their experiences back to their communities and workplace.

"The expedition was a great opportunity for 26 employees from across the UK to work together for a unique learning experience. By working alongside the local community it truly was a fantastic opportunity for the team to experience an alternative culture and develop an increased self awareness by doing so"

Natasha, Learning & Development Manager

A Year in Finance

In 2017 we also had a record year for income. This is due to the cumulative effect of a number of extraordinary events throughout the year including donated goods and services to MV Forth Hope, volunteering numbers and legacies. Without this support we would have recorded a deficit of £-49k*.

Where does our money come from?

Excluding donated goods and services and income for optional third party expeditions, income totalled £1.8m and comes from a variety of sources.

Volunteering 30%

Volunteers are at the core of all that we do and as a result, is our second largest source of income.

Gift Aid 7%

Donor declarations meant that we could claim nearly £130k to support the development of the Trust.

Fundraising 1%

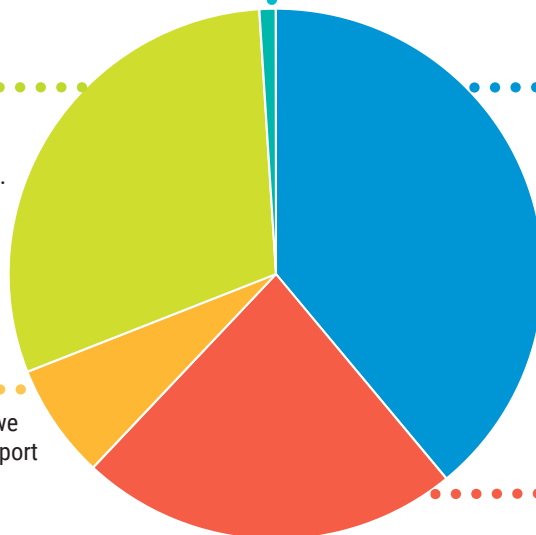
As a volunteering charity, the Trust engages in minimal trading activities such as event space hire to help fund core costs

Donations 39%

We are grateful to have support from a diverse range of donors; individuals, groups and trusts

Legacies 23%

It was an unprecedented year for legacies which will allow us to make exciting developments to our work in Africa in the future



How do we spend funds?

Excluding depreciation and the cost of optional third party expeditions, expenditure totalled £1.37m. Here is how it was spent.

UK Costs 22%

An amazing 78% of our expenditure is on our charitable programmes. However, we couldn't achieve all that we do without having a UK staff and office to look after our volunteers and programmes

Construction Programme 24%

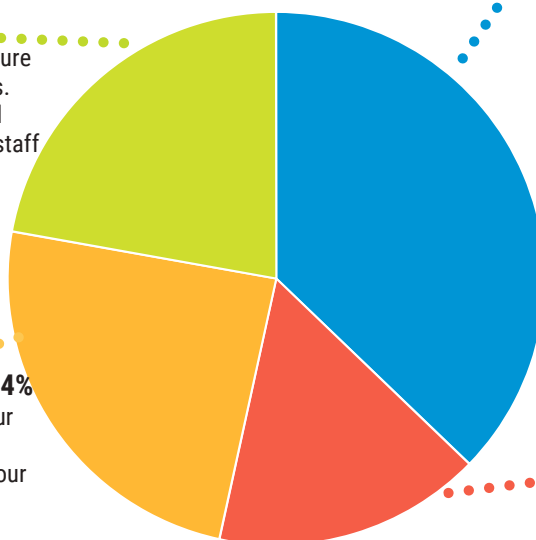
Engaging 240 volunteers with our construction programme represented nearly a quarter of our expenditure

Amazon Hope Programme 37%

With two ships on the Amazon by the end of 2017, the Trust and its volunteers contributed over half a million pounds to the Amazon Hope Programme

Jubilee Hope Programme 16%

Although smaller in scale, as you have read, the Jubilee Hope Programme is achieving big things!



*To find out more, download our 2017 Annual Accounts at vinetrust.org/reports

A Call to Action

First and foremost, we are a volunteering charity. We do not have a fundraising department, rather our community of supporters and volunteers raise the funds to volunteer or support our work in a sustainable way.

Our challenge as our work grows is to lock down some of the core recurring costs in our work in order to continue grasping and responding to the challenges and opportunities that lie before us. Anyone can be involved with our story, please join us!



VOLUNTEER

Join us on an adventure to Peru or Tanzania and help some of the remotest and most vulnerable communities in the world. There are opportunities for everyone to get involved so why not get a team together?



FUNDRAISE

Whether a sponsored run, bake sale or silent auction, fundraising can be a fun way to raise funds whilst involving your family and friends and putting your skills and hobbies to good use.



SHARE

Whether hosting a talk, passing on this publication or simply sharing our social media. Word of mouth can be a powerful tool in getting the stories of those we serve heard!



DONATE

As you've seen, 78% of funds spent in 2017 was on running our overseas programmes so you can be sure that your hard-earned pennies will be helping those most in need. Whether one-off or regular, every donation is appreciated and serves as encouragement to us.

Find out more at www.vinetrust.org/donate



YOUNG PEOPLE

To find out about how your local school or youth group can get involved email expeditions@vinetrust.org



HEALTH

To find out about how you can join our medical ships in Peru or Tanzania email health@vinetrust.org



BUILD

To find out about how you can get involved with our construction projects email expeditions@vinetrust.org

Alternatively call us on 0131 555 5598 or go to www.vinetrust.org

Thank you

It is my great privilege to be Chairman of the Vine Trust Board.

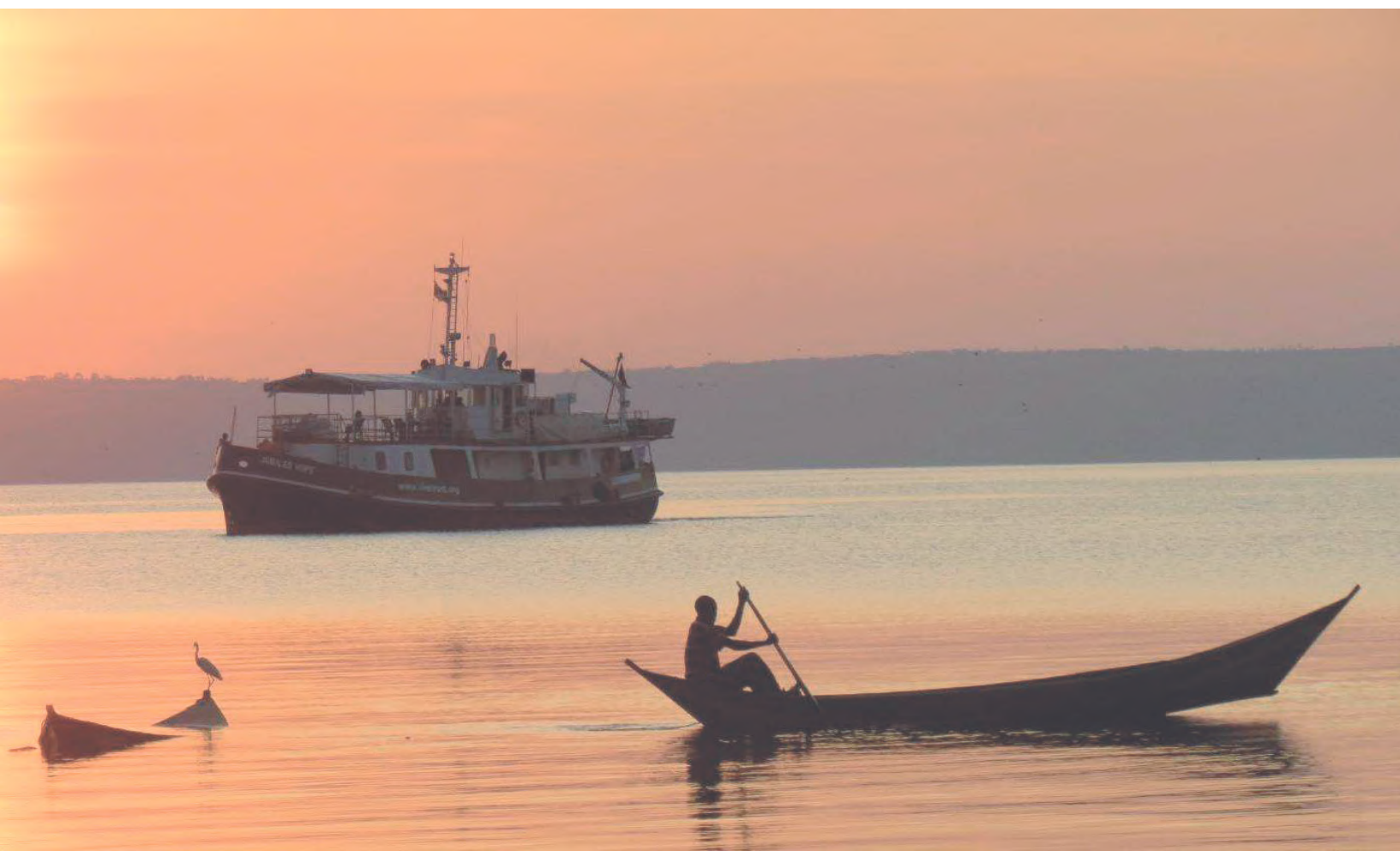
The Board is made up of a group of highly experienced professionals who are well respected in their own disciplines. Through volunteering, they bring that experience to bear in the boardroom, informing our practice and decision making.

We continue to be humbled by the many people, who over the years have supported and encouraged the work of the Trust, through prayer, financial giving and volunteering. It is these three streams of action that have brought about an organisation that aspires to bring about networks of people who when connected together, for the common good, find lives being changed and transformed as they serve others. Transformation of individuals and communities lies at the heart of all we seek to do.

On behalf of the board of Vine Trust I'd like to thank our Chief Executive Rev Willie McPherson and all our current and former staff members for their valuable contribution in helping us make connections that are lasting and transformational.

We thank you for taking the time to read about the opportunities that are open to all who wish to become partnered with us in our vision to make our world a more just and fruitful place. As we look to the future, we look for new and fruitful branches to appear on the Vine as we seek out the connections that will bring about changed lives.

The Very Rev. Albert Bogle
Chairman



The Vine Trust Board



The Very Rev. Albert Bogle
Chairman

Albert is the founder of Vine Trust and a former Moderator of the General Assembly of the Church of Scotland. Currently he is a Pioneer Minister with Falkirk Presbytery leading Sanctuary First an online worshipping community of the Church of Scotland.



Mr Alec Carstairs

A chartered accountant and former partner at Ernst & Young LLP for 25 years, Alec is now enjoying his 'retirement' as a non exec director with a listed and a private company and a director/trustee of charitable organisations, including Vine Trust since 2004.



Ms Mairi Fraser

Mairi was the Vine Trust's first volunteer on the first work party to Peru in 2003 and has since joined us as a board member and expedition leader. Formerly a teacher of art & design, Mairi now runs a small gift shop in Inverness.



Mr Neil Graham

Having been involved with Vine Trust since 1999, Neil's commitment to volunteering was recognised by his employer, Royal Bank of Scotland by way of an award. Neil has led and encouraged volunteers in both Peru and Tanzania.



Mrs Shona Mason

Shona is a specialty dentist and honorary clinical teacher at Dundee Dental Hospital and School. An almost annual volunteer dentist with the Amazon Hope programme since 2006, Shona has been part of the Trust's medical committee since 2009.



Mr Alasdair Munro

Alasdair worked as a consultant general surgeon in Inverness from 1978 - 2003. Since then he has contributed to the development of the Centre for Health Science at Inverness. A board member for 4 years one of Alasdair's interest is developing healthcare student education.



Mrs Feri Ross

On the board since 2015, Feri worked as an engineer in the UK and US for some years, at the time registered CEng and MIMechE. Feri retains some business interests through raising a family, she is also a leader with the Duke of Edinburgh Award and an adviser with Citizens Advice Scotland.



Mr Malcolm Webb

New to the board in 2018, Malcolm is a Chartered Accountant and works in the Oil & Gas industry in Aberdeen. A supporter of Vine Trust for many years, Malcolm travelled to Tanzania in October 2017 to see first-hand the work of our medical and construction programmes.

Having completed their terms of service during the course of 2017, all at Vine Trust would like to thank Dr Mike Winter and Mr Gordon Stewart for their invaluable support and commitment to the Trust's work and development over the last decade.



Connecting People to Change Lives

For more information

If you would like to know more about how you can help Vine Trust provide valuable support to vulnerable communities in Peru and Tanzania, please contact us:

Phone: **0131 555 5598**

email: **admin@vinetrust.org**

Visit: **vinetrust.org**

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To make a donation

Visit: vinetrust.org/donate

or send a cheque made payable to Vine Trust to our registered office.

Thank you for helping us connect people to change lives!

Company Number: SC268073 Charity Number: SC017386

