

IMMUNISATIONS

Consult your GP practice for advice on immunisations for your trip to Peru.

Please note the following however:

All UK immunisations must be up to date

Polio / Tetanus / Diphtheria

You must have:

Hepatitis A and Typhoid

Yellow Fever

Should your work party visit a yellow fever area this will be essential. Make sure you have the certificate and a copy with you and keep a further copy safely at home.

Malaria prophylaxis.

Should your work party go to an area where there is a malaria risk, even for a short time, you will require malaria prophylaxis

You may like to consider the following vaccinations:

Rabies

There is a risk of rabies in Peru should you be bitten by a carnivorous animal such as a dog or bat. On no account approach dogs or cute puppies!

Vaccination cost approx £70.

If you have not had rabies vaccination and you are bitten you will require several injections of immunoglobulin and rabies vaccine, the first of these within 24 hours. Immunoglobulin is a blood product, possibly produced in Peru.

If you have been vaccinated before you travel to Peru and you are bitten you will require a booster.

Cholera Vaccine

A new oral vaccine is available which seems to not only protect against cholera but also travellers diarrhoea.

Remember to discuss all of the above with your own GP/ practice nurse.